

AMENDMENT TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in this application.

1-15. (canceled)

16. (Currently Amended) A method of implanting an An intervertebral implant comprising into an intervertebral disc space between upper and lower vertebrae, the intervertebral implant comprising an intervertebral spacer body having at least an upper endface to contact at least a portion of the an upper vertebra when in an implanted configuration; and at least one end member including a plurality of spikes for engaging at least a portion of the upper vertebra, wherein the at least one end member is non rotatably, slidably movable with respect to the intervertebral spacer body so that the at least one end member is non rotatably, slidably moveable between a first position and a second position wherein when in the first position the plurality of spikes formed on the at least one end member extend beyond the upper endface of the spacer body and when in the second position the plurality of spikes formed on the at least one end member do not extend beyond the upper endface of the spacer body; the method comprising the steps of:

- a) providing access to the intervertebral disc space;
- b) inserting the intervertebral implant into the intervertebral disc space such that the upper endface of the spacer body contacts at least a portion of the upper vertebra; and
- c) slidably, non-rotatably moving the at least one end member with respect to the intervertebral spacer body from a second position wherein the plurality of spikes do not extend beyond the upper

endface to a first position wherein the plurality of spikes extend beyond the upper endface to extend at least partially into engagement with the upper vertebra.

17. (Currently Amended) The method implant of claim 16, further comprising the step of:

d) securing the position of the at least one fastening means for securing the end member to the intervertebral spacer body in the first position.

18. (Currently Amended) The method implant of claim 17+6, wherein the end member includes a top surface, a bottom surface, an internal bore defining an inner surface for non-rotatably, slidably receiving the intervertebral spacer body therein, and step (d) includes providing one or more elastically deformable projections extending from an the inner surface of an internal bore formed in the at least one end member, and the elastically deformable projections engaging the intervertebral spacer body when the end member is in the first position so that the position of the end member with respect to the intervertebral spacer body is secured.

19-24. (Canceled)

25. (Currently Amended) A method of implanting an An intervertebral implant comprising: into an intervertebral disc space between upper and lower vertebrae, the intervertebral implant including an intervertebral spacer body having an upper endface to contact at least a portion of the an upper vertebra when in an implanted configuration and a lower endface to contact at least a portion of the a lower vertebra when in the implanted configuration; a first end member including a plurality of spikes for engaging at least a portion of the upper vertebra; and a second end member

including a plurality of spikes for engaging at least a portion of the lower vertebra; ~~wherein the first and second end members are non-rotatably, slidably movable with respect to the intervertebral spacer body so that the first and second end members are non-rotatably, slidably moveable between a first position and a second position wherein when in the first position the plurality of spikes formed on the first end member extend beyond the upper endface of the spacer body and the plurality of spikes formed on the second end member extend beyond the lower endface of the spacer body, and when in the second position the plurality of spikes formed on the first end member do not extend beyond the upper endface and the plurality of spikes formed on the second end member do not extend beyond the lower endface;~~ the method comprising the steps of:

- a) providing access to the intervertebral disc space;
- b) inserting the intervertebral implant into the intervertebral disc space such that the upper endface of the spacer body contacts at least a portion of the upper vertebra and the lower endface of the spacer body contacts at least a portion of the lower vertebra; and
- c) slidably, non-rotatably moving the first and second end members with respect to the intervertebral spacer body between a second position wherein the plurality of spikes formed on the first and second end members do not extend beyond the upper and lower endfaces and a first position wherein the plurality of spikes formed on the first and second end members extend beyond the upper and lower endfaces and at least partially into engagement with the upper and lower vertebrae, respectively.

26. (Currently Amended) The method implant of claim 25, further comprising the step of:

d) securing the position of fastening means for securing the first and second end members to the intervertebral spacer body in the first position.

27. (Currently Amended) The method implant of claim 2625, wherein the step (d) comprises providing first and second end members each include one or more elastically deformable projections for engaging the intervertebral spacer body when the first and second end members are in the first position so that the position of the first and second end members with respect to the intervertebral spacer body are secured.

28-31. (Canceled).

32. (Currently Amended) A method of implanting an intervertebral implant into an intervertebral disc space between upper and lower vertebrae, the method including the steps of: providing an intervertebral implant having an intervertebral spacer body having an upper endface and a lower endface for contacting the upper and lower vertebrae, respectively; and first and second end members, wherein the first and second end members are non-rotatably, slidably disposed on the intervertebral spacer body, the first and second end members including a plurality of spikes formed on a surface thereof, the method comprising the steps of:

a) inserting the intervertebral implant into the intervertebral disc space so that the upper endface formed on the intervertebral spacer body contacts the upper vertebra and the lower endface formed on the intervertebral spacer body contacts the lower vertebra;

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b) non-rotatably, slidably moving the first and second end members with respect to the intervertebral spacer body so that the plurality of spikes engage the upper and lower vertebrae, respectively; and

c) securing the first and second end members with respect to the intervertebral spacer body.